



# Rugby School THAILAND

## **COVID-19 ACTION PLAN and POLICY**

Written by: Nurses

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Review: Termly or as required

*The health, safety and well-being of young people are of paramount importance to all the adults who work at Rugby School Thailand. Children have the right to protection, regardless of age, gender, race, culture, sexual orientation, or disability. They have a right to be safe in our school. Members of staff in the school have a legal and moral obligation to safeguard and promote the welfare of the pupils, taking all reasonable steps to protect them from harm whether from physical injury, abuse, neglect, emotional harm or from anything that interferes with their general development.*

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## **COVID-19 and Thailand**

The Ministry of Public Health has a website dedicated to COVID-19 <https://ddc.moph.go.th/viralpneumonia/eng/index.php> which provides information for the public.

Various organisations also support Schools with advice and guidance for COVID 19.

Ministry of Education <http://www.en.moe.go.th/enMoe2017/index.php/home>

British Boarding Schools Association <https://www.boarding.org.uk/>

ISAAT <https://www.isat.or.th/>

## **AIMS**

To promote behaviour that reduces COVID-19's spread

1. To maintain healthy environments
2. To maintain healthy operations (food preparation/cleaning)
3. To prepare for if someone gets sick

## **PROTOCOL**

To keep the school community safe from COVID -19 we will follow the Government guidelines and comply with the 6 main measures referred to by the Ministry of Education in August 2020:

- Undertake temperature checks at the three main entry points to school
- Provide hand gel upon entry to school and outside every classroom
- Mandatory wearing of masks.
- Ensure handwashing is done regularly throughout the day
- Operate social distancing, where possible, in corridors around school classrooms, dining areas and school buses.
- Reduce the amount of large group activities where possible
- Maintain regular cleaning and disinfecting of human touch surfaces.

- Ensure staff/parents/pupils are aware of where they travel declaration and keep record of where they go and when

## **CONSIDERATIONS**

### 1. Ventilation

- Rooms shall be properly ventilated with air conditioning working.
- Air purifiers are available in each room
- Pupils should not be inside for more than two hours at a time

### 2. Masks

- Pupils should not be inside for more than two hours at a time
- Masks should be worn at all times except for playtimes and PE/Games lessons or outdoor sessions

### 3. Catering

- Everyone should wear a mask in the dining room whilst selecting food once seated they may remove their masks.
- Food staff should wear face shields and food gloves when serving food
- No sharing of food, drinks and utensils.
- Food is served by catering staff from behind screens

### 4. Cleaning

- Deep cleaning each weekend of toys/classrooms.
- Disinfectant spray and cloth in each room (out of reach of pupils) in Pre-Prep School
- Cleaning throughout the day of human touch surfaces

### 5. Health

Everyone entering the school must go through one of the three thermal scanners located at the entrances to the Pre-Prep, Prep and Senior Schools. These check body temperature. Anyone showing high temperature will be rechecked with a hand held thermometer. If they show a high reading they will be asked how they are feeling. If they have no symptoms they will be asked to wait 5 minutes in the school office and their temperature retaken.

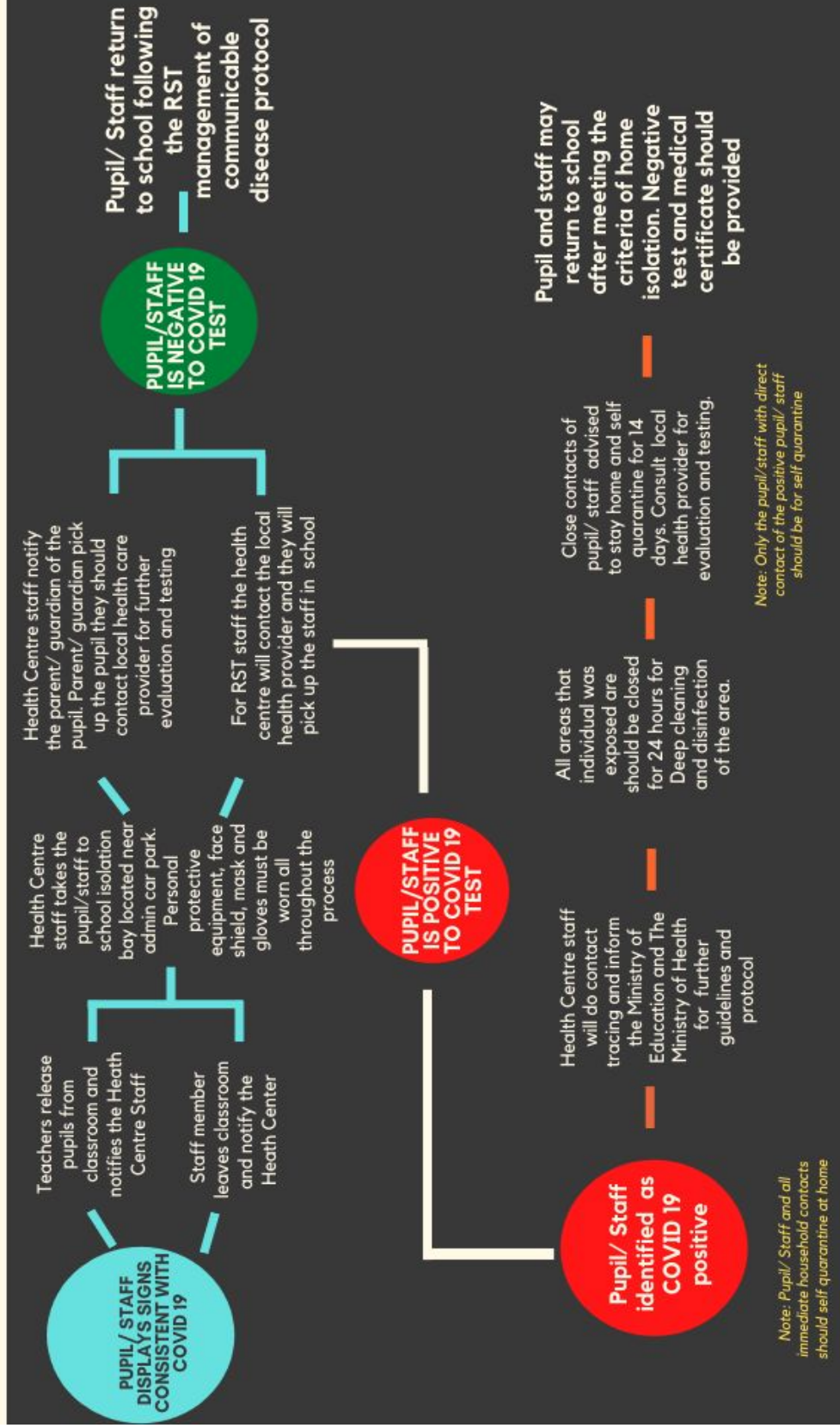
### 6. Visitors/returnees from overseas

Anyone returning from overseas will have been through the quarantine process and will be known to The School. If they show any signs of COVID in the immediate period of release from quarantine they should be taken to the isolation unit without delay. After completing the quarantine period a medical certificate should be provided before entering the school premises



# What to do in the event of a Case or suspected Case of

## COVID 19



## **Rugby School Thailand Guidelines for Contact of COVID 19 Confirmed Cases**

RST adopted the Thailand Department of Disease Control guidelines for contacts of COVID 19 confirmed cases. The guidelines is divided into 3 levels as follows:

### **1st Level Close contact High Risk**

Close contact is defined as the individual within 6 feet of an infected person for a total of 15 minutes or more.

- Testing is recommended for all close contacts of confirmed or probable COVID-19 patients.
- Those contacts who test positive (symptomatic or asymptomatic) should be managed as a confirmed COVID-19 case and they will be treated in the hospital facilities .
- Asymptomatic contacts testing negative should self-quarantine for 14 days from their last exposure.
- If testing is not available, symptomatic close contacts should self-isolate and be managed as a probable COVID-19 case.
- Asymptomatic close contacts who are not tested should self-quarantine and be monitored for 14 days after their last exposure, with linkage to clinical care for those who develop symptoms.
- The best way to protect yourself and others is to stay home for 14 days if you think you've been exposed to someone who has COVID-19.

### **2nd Level Close contact of High Risk Contacts considered Low Risk**

- Observation of symptoms, avoid crowded places.
- Isolation or quarantine is not necessary.
- Wearing a mask all the time.
- Can work while following strictly the COVID 19 protocol of the school.
- If you experience COVID 19 symptoms within 14 days since you have been exposed, have to separate from the others and be advised to see the doctor.

### **3rd Level Close contact of Low Risk Contact consider as No Risk**

- No need to quarantine/ isolate
- COVID 19 Test is not a requirement.

# Guideline for

## Contacts of COVID-19 Confirmed Case

